

CONSTANTIA VALLEY TRAIL RUN 11.5KM

SUNDAY 17 MAY 2015

POS	SURNAME	NAME	CLUB	AGE	SEX	CAT	LIC No	TIME
1	DOMAINE	EWART		21	M	SEN		0:46:00
2	DUNN	JARRYD			M	JUN		0:47:35
3	JACOBS	LLEWELLYN			M	SEN		0:48:16
4	SIYABALANA	MEINTE			M	SEN		0:49:52
5	NO CARD				M	SEN		0:50:42
6	DUNGWA	MBEKO		25	M	SEN		0:51:03
7	HAMMOND	CALVIN			M	JUN		0:51:09
8	NO CARD				M	SEN		0:51:27
9	PREEN	HAYLEY	HOUT BAY		F	JUN		0:52:01
10	PIROW	ALEX			M	SEN		0:52:56
11	MAQUBELA	S		29	M	SEN		0:53:02
12	MAQUBU	A		30	M	SEN		0:53:02
13	SNOEK	ARIADNE			F	SEN		0:53:06
14	CLARKE	DARREN			M	40		0:53:10
15	HEATHCOTE-MARKS	ANDY			M	50		0:53:29
16	CAMPBELL	BEN			M	SEN		0:54:01
17	SHORT	SIMON		15	M	JUN		0:55:06
18	STEPHENSON	SEAN			M	40		0:55:27
19	BERMAN	JONTY			M	40		0:55:48
20	DAWSON	LEE-ANN			F	40		0:56:20
21	PEIN	JOSH			M	SEN		0:56:38
22	SLESSENGER	MARK			M	SEN		0:56:53
23	GAQA	L		30	M	SEN		0:57:00
24	DORMAN	GARTH			M	40		0:57:03
25	VARDI	AARON			M	SEN		0:57:34
26	ELS	EION			M	SEN		0:57:59
27	BLACK	RYAN			M	SEN		0:58:07
28	EMEROOD	DURREN		22	M	SEN		0:58:18
29	MACKENZIE	GRANT			M	SEN		0:58:32
30	DU PLESSIS	JEAN-PIERRE			M	40		0:58:40
31	VASAPOLLI	RICARDO			M	SEN		0:58:43
32	SKELE	SANKELO		26	M	SEN		0:59:05
33	STUACT				M	SEN		0:59:07
34	SIMBAO	PHILLIP			M	SEN		1:00:05
35	DEAN	RYANN			M	SEN		1:00:36
36	LOUW	DIRK			M	40		1:00:45
37	SWARTZ	CAREL			M	SEN		1:01:18
38	ANDERSON	ROB			M	SEN		1:01:19
39	SCHUBERT	ALEXANDER			M	40		1:01:42
40	NO CARD				M	SEN		1:01:42
41	MSULENI	SA			M	SEN		1:02:06
42	QUARMBY	WARREN			M	SEN		1:02:17
43	RODSETH	JOELLE			F	SEN		1:02:30
44	SCHIPPERS	JACQUES			M	SEN		1:02:58
45	MTWA	MOKI		17	M	JUN		1:03:42
46	GABARAANE	TUMELO			M	SEN		1:03:49
47	FROST	EMMA-JANE			F	SEN		1:03:59
48	DORMEHL	TANYA			F	JUN		1:04:05
49	SCHMIDT	MICHAL			M	SEN		1:04:06
50	CLEOPHAS	EN		30	M	SEN		1:04:07
51	FROST	GEORGINA			F	SEN		1:04:15
52	DOBIE	JORDAN			M	JUN		1:04:45
53	RENSBURG	JOHAN			M	SEN		1:04:54
54	BLAKE	DAN			M	SEN		1:05:29

55	REYNOLDS	DEVON			M	SEN		1:05:30
56	MILNE	ANDREW			M	40		1:05:30
57	WINSTANLEY	RODNEY			M	60		1:05:37
58	HARRISON	DEBORAH			F	40		1:05:40
59	MEINTE	L		29	M	SEN		1:06:00
60	SMALL	RICHARD			M	40		1:06:01
61	LOUW	HELGA	PINELANDS		F	40		1:06:04
62	GELDENHUYS	BART			M	SEN		1:06:14
63	RIX	RAYMOND			M	50		1:06:30
64	LYNE	ANDREW		49	M	45		1:06:39
65	LEKOMA	THEO			M	40		1:06:40
66	HADAWAY	TY			M	SEN		1:06:40
67	RUSHWORTH	ANDREW			M	SEN		1:07:06
68	LEE	BRONWEN		37	F	35		1:07:12
69	LARCOMBE	A			F	SEN		1:07:14
70	ARENDSE	LIONEL			M	50		1:07:42
71	CASEY	GEORGIE			F	40		1:08:09
72	FALING	JACO			M	SEN		1:08:09
73	RAWOOT	HUZAIFAH			M	SEN		1:08:10
74	KINCAID	MORKEL			M	40		1:08:11
75	HARRISON	MIKE			M	SEN		1:08:33
76	NO RETURN				M	SEN		1:08:35
77	GANSER	BRIAN			M	40		1:08:37
78	PRINS	CARLO		24	M	SEN		1:08:44
79	PAY	MATT		29	M	SEN		1:08:45
80	MBAMBO	LK	SAPS	26	M	SEN		1:08:52
81	SIVES	KATE			F	SEN		1:08:53
82	DABRY	MICHAEL			M	SEN		1:09:10
83	GOUNTETT	LUCY		23	F	SEN		1:09:18
84	STEYN	CHRISTO			M	50		1:09:24
85	STIRRAT	LISA			F	SEN		1:09:26
86	FRASER	MICHELLE			F	SEN		1:09:27
87	SALZONE	MARC			M	SEN		1:09:42
88	OHST			45	M	45		1:09:43
89	WATSON	GEMMA			F	SEN		1:09:44
90	MAPHARI	R		27	M	SEN		1:09:48
91	YOUNG	KYLE			M	SEN		1:10:04
92	KEERS	TESSA		38	F	35		1:10:13
93	PROBYN	JANICE			F	SEN		1:10:13
94	CHARLES	ROBIN			M	40		1:10:23
95	HADAWAY	NICOLE			F	SEN		1:10:29
96	VAN BERKEL	GREG		35	M	35		1:10:45
97	SWIFT	ALIJAY			M	40		1:10:47
98	POULTNEY	SEAN			M	40		1:10:48
99	NO NAME				F	SEN		1:10:52
100	RITCHIE	NIGEL			M	40		1:10:53
101	FRASER	RICHARD			M	SEN		1:10:55
102	SIXSMITH	VANESSA			F	40		1:10:56
103	READ	NOLEEN			F	SEN		1:11:05
104	VERBURG	CECILE			F	SEN		1:11:06
105	POTGIETER	ANN			F	SEN		1:11:25
106	TOHMAN	SAM			F	SEN		1:11:26
107	CARRICK	PETER			M	40		1:11:36
108	BRENNAN	BRIGID			F	SEN		1:11:44
109	CHARLES	JANICE			F	40		1:11:48
110	APPOLIS	TERRANCE			M	40		1:11:53
111	DODDS	PHIL			M	SEN		1:11:57
112	NIGRINI	JEAN			F	SEN		1:12:03

113	PEGRAM	GRETA			F	40		1:12:15
114	DHANSAY	AFZAL			M	50		1:12:24
115	B	ANTONIA		23	F	SEN		1:12:42
116	FOLSCHER	NICHOLAS			M	SEN		1:12:42
117	MORA	PAULA			F	SEN		1:12:51
118	ESTEBAN	LAURA			F	SEN		1:12:52
119	MOSES	CARMEN			F	SEN		1:12:53
120	KANNEMEYER	JADE		29	F	SEN		1:13:10
121	KNIGHT	MATT		35	M	35		1:13:11
122	WEBER	RONNIE			M	40		1:13:14
123	LEARY	BRIAN			M	40		1:13:15
124	KARSTEN	TATUM			F	SEN		1:13:17
125	PAYNE	TANILLE			F	SEN		1:13:18
126		GINA			F	SEN		1:13:25
127		NICO			M	SEN		1:13:26
128		JOSS			F	SEN		1:13:27
129	GODFREY	NICOLE			F	SEN		1:13:27
130	PATEL	HIMAL		26	M	SEN		1:13:27
131	ANDREWS	OLIVIA			F	SEN		1:13:29
132	TEMMERS	LEANDRA			F	SEN		1:13:45
133	WOLMARANS	WARREN	EDGEMEAD		M	SEN		1:13:49
134	LYNE	KERRY-ANN		16	F	JUN		1:13:56
135	JASCHKE	PETRA			F	40		1:14:01
136	TONKIN	CAYLEY		22	F	SEN		1:14:02
137	GUNSTON	MATHEW			M	SEN		1:14:03
138	BOWLER	MIKHAYLA			F	SEN		1:14:05
139	KATSIGARAKIS	SIMONE			M	SEN		1:14:07
140	WINSTANLEY	NEIL			M	SEN		1:14:08
141	FAINSINGER	TIM			M	SEN		1:14:12
142	FAINSINGER	SHANE			M	SEN		1:14:14
143	BUTLER	MARK			M	40		1:14:15
144	VAN TONDER	WILLIAM			M	SEN		1:14:16
145	NO CARD				M	SEN		1:14:17
146	MARSHALL	GEORGINA			F	SEN		1:14:19
147	BAILEY	JONATHAN			M	50		1:14:21
148	SUGDEN	CHRIS			M	40		1:14:21
149	GOTSMAN	LINDSAY			F	SEN		1:14:22
150	PHELP	PAULA			F	SEN		1:14:27
151	NO CARD				M	SEN		1:14:28
152	BLOM	JOHAN			M	SEN		1:14:29
153	JOCHNER	JACQUES			M	SEN		1:14:30
154	GASANT	NAZLI			F	SEN		1:14:31
155	VILJOEN	RYAN			M	SEN		1:14:33
156	RAAFF	R		42	M	40		1:14:35
157	MCDONALD	ZAC			M	40		1:14:36
158	CAMPBELL	WENDY			F	SEN		1:14:37
159	LE ROUX	PHIA			F	SEN		1:14:42
160	NIEUWOUDT	WERNER		39	M	35		1:15:02
161	SUTER	JASON			M	40		1:15:08
162	VILJOEN	ANYA			F	JUN		1:15:15
163	VILJOEN	GARY			M	50		1:15:16
164	VAN DER AHEE	CHRISTINE			F	SEN		1:15:17
165	SERITE	BRENDA	SAPS WP	28	F	SEN		1:15:21
166	POOL	CARLA			F	SEN		1:15:22
167	FORTUIN	BRANDON			M	SEN		1:15:33
168	LAMONT	BRIDGET			F	SEN		1:15:38
169	OLDFIELD	ANDREA			F	SEN		1:15:39
170	HILL	NICOLA			F	SEN		1:15:40

171	ANDREW	BRITTANY			F	SEN		1:15:40
172	PICKARD	JEANNE			F	SEN		1:15:41
173	MORRIS	KEVIN			M	50		1:15:42
174	LOGSTON	RENAE			F	SEN		1:15:43
175	ROBINSON	MAURA			F	SEN		1:15:44
176	FEROZ	M			M	40		1:15:44
177	GOLD	DEBORAH			F	SEN		1:16:14
178	HENDRICKS	RONALD			M	50		1:16:22
179	NO RETURN				M	SEN		1:16:26
180	GOOSEN	S		28	F	SEN		1:16:37
181	DE VILLIERS	JACQUELINE			F	SEN		1:16:39
182	PUGGIA	EMMA			F	SEN		1:17:23
183	GAUNTLETT	ALICE			F	SEN		1:17:24
184	GANSER	YVETTE			F	40		1:17:31
185	HARRISON	CAITLIN			F	SEN		1:17:33
186	URGAN	PAUL		35	M	35		1:17:40
187	JACOBS	PETER	ITHEKO		M	40		1:17:43
188	BARKHUIZEN	CARMEN			F	SEN		1:17:51
189	PATTON	BELINDA			F	SEN		1:17:51
190	ROBERTSON	FRANCES			F	SEN		1:17:52
191	DELPORT	KANDI			F	SEN		1:17:53
192	JOHNSTON	NICOLA			F	SEN		1:17:54
193	PUTZ	MARIANNE			F	SEN		1:17:55
194	GIBBS	IAN			M	60		1:18:06
195	RIGBY	JASON			M	SEN		1:18:08
196	MCEWAN	NICOLA			F	SEN		1:18:10
197	MCEWAN	MICHAEL			M	SEN		1:18:11
198	NXESI	CHUMA	SAPS WP	26	F	SEN		1:18:33
199	MITCHELL	LEANNE			F	SEN		1:18:38
200	COETZEE	MICHELLE			F	SEN		1:19:12
201	BAILEY	LUCY			F	40		1:19:26
202	RIGBY	BELINDA			F	SEN		1:19:28
203	CHURLEY	M			M	50		1:19:33
204	SPIERS	JENNA-LEE			F	SEN		1:19:35
205	NO CARD				F	SEN		1:19:36
206	BOTHA	DIANE			F	40		1:19:38
207	CAHI	ADAM			M	SEN		1:19:43
208	NO CARD				F	SEN		1:19:47
209	ALAWADHI	KAMEL			M	SEN		1:19:48
210	BRINK	LIZ	K-WAY VOB		F	50		1:20:25
211	BOTTEN	KAREN			F	40		1:20:26
212		COURTNEY			F	SEN		1:20:35
213	FARQUHAR	MATTHEW			M	SEN		1:20:37
214	FLOCKTON	GINETTE	CELTIC		F	60		1:20:53
215	WOMERSLEY	JONATHAN			M	SEN		1:21:04
216	COOPER	TIM			M	40		1:21:09
217	EVANS	MICHAEL			M	40		1:21:15
218	VILJOEN	FRANK			M	JUN		1:21:16
219	SWART	NATALIE			F	SEN		1:21:32
220	SUTER	LISA			F	40		1:21:34
221	HOBSON	SHELLEY			F	SEN		1:21:35
222	ISAACS	THERESA			F	60		1:21:40
223	MORRIS	VERONICA			F	50		1:21:46
224	SIMKINS	ANGIE			F	40		1:21:51
225	CLOHESSY	KELLY			F	50		1:21:53
226	TURNER	SHERRY			F	SEN		1:21:57
227	REID	SORREL			F	SEN		1:21:57
228		CASEY			F	40		1:21:58

229	BERMAN				F	40		1:21:59
230	EKERMANS				F	40		1:21:59
231	SHERMAN	B		49	F	45		1:22:03
232	HORSBURGH	TAMI		24	F	SEN		1:22:12
233		JESSICA		24	F	SEN		1:22:13
234	FULLER	LAUREN			F	SEN		1:22:14
235	KRIEL	FRANCOIS			M	SEN		1:22:15
236	LAMBRECHTS	LEIGH			F	SEN		1:22:28
237	NO CARD				F	SEN		1:22:48
238	MIA	RIAN	K-WAY VOB		M	40		1:22:49
239	PETIT	DIDI			F	50		1:23:07
240	DUTHIE	KATE			F	SEN		1:23:09
241	NORTH	LISA			F	40		1:23:10
242	KERR	SARAH		31	F	SEN		1:23:11
243	DE REUCK	PAUL			M	SEN		1:23:12
244	MEREDITH	WENDY			F	SEN		1:23:23
245	CROXON	MARK			M	40		1:23:47
246	SUTCLIFFE	NICK			F	50		1:24:08
247	HUGO	SIMONE			F	40		1:24:11
248	HUGO	ANTON			M	40		1:24:12
249	LAKAY	GENO			M	50		1:24:13
250	DE KOCK	MELISSA	WILD RUNNER		F	40		1:24:46
251	JACOBSON	MARK			M	SEN		1:24:47
252	GAVEN	DESIREE			F	SEN		1:24:48
253	TALOTTIE	TERRY			M	50		1:25:01
254	NO CARD				F	SEN		1:25:02
255	KINSLEY	AIMEE			F	40		1:25:03
256	VAN DONGEN	NATALIE			F	SEN		1:25:23
257	BOSHOFF	DELIANA			F	50		1:25:27
258	CRONJE	ANTHONY	K-WAY VOB		M	60		1:25:41
259	PILLAY	CARINA	SPARTAN		F	SEN		1:25:43
260	NUPEN	JULIA			F	SEN		1:25:52
261	HUNT	ALLIE			F	40		1:25:53
262	MARTHINUSEN	JACQUI			F	SEN		1:25:54
263	MARAIS	SARSHEN			F	SEN		1:25:54
264	WALSH	LAUREN			F	SEN		1:25:55
265	BRAND	CANDICE			F	SEN		1:26:05
266	HALL	JACQUI			F	50		1:26:14
267	STAAK	WENDY			F	SEN		1:26:28
268	STAAK	ANTHONY			M	SEN		1:26:29
269	MC COOL	SEAMUS			M	SEN		1:26:31
270	ALLIE	JALAL	TOP FORM	58	M	55		1:26:56
271	CYSTER	LAUREN			F	SEN		1:26:58
272	BAMFORTH	GINA			F	40		1:26:59
273	JOSHUA	VANESSA		43	F	40		1:27:03
274	POLEMAN	COLLEEN			F	40		1:27:06
275	POLEMAN	CEDRIC			M	40		1:27:07
276	VAN ZYL	JENNY			F	40		1:27:27
277	HOOLE	SANDY			F	40		1:27:28
278	HOOLE	MUZZI			F	40		1:27:29
279	SCHUBERT	SUSANNE			F	40		1:27:34
280	CHENEY	KATE			F	SEN		1:27:56
281	FLEURS	TREVOR	K-WAY VOB		M	40		1:28:13
282	APROSKIE	ISAOBRE			F	SEN		1:28:16
283	ABRAHAMS	GLEN	ARD		M	50		1:28:17
284	LE ROUX	LIEZL			F	SEN		1:29:32
285	KRUGER	DEAN			M	SEN		1:29:33
286	WILLIAMS	ALI			F	SEN		1:29:39

287	STREZ	ALEKS	WILD RUNNER		M	40		1:29:57
288	NO CARD				M	SEN		1:30:05
289	NO CARD				F	SEN		1:30:06
290	MATTEWS	CANTENA			M	SEN		1:30:08
291	VARDI	DONNA			F	50		1:30:09
292	BROWNE	LIANA			F	SEN		1:30:14
293	LE GRNAGE	LISA			F	SEN		1:30:14
294	SCHUBERT	TINA			F	SEN		1:30:39
295	JACOBS	ABDURAGMAAN			M	SEN		1:31:01
296	JACOBS	GADIJA			F	40		1:31:02
297	FORSYTHE	KATHERINE			F	SEN		1:31:07
298	BOSCH	TANJA			F	SEN		1:31:10
299	RAJOO	ALVIN			M	40		1:31:12
300	AUZET	LARA			F	SEN		1:31:16
301	PEARSE	ANDREA			F	SEN		1:31:17
302	GRAHAM	NATALIE			F	SEN		1:31:44
303	MUSINGADI	TSHIFHIWA			F	SEN		1:31:52
304	O'RYAN	DEREK			M	60		1:32:01
305	GLUCKMAN	RENE			F	40		1:32:13
306	BURGESS	CARL			M	SEN		1:32:43
307	WISEMAN	LOUISE			F	40		1:33:22
308	TROMPETER	TRISH			F	40		1:33:23
309	LEARY	TRACY			F	SEN		1:33:39
310	BOAST	JENNIFER			F	60		1:33:52
311	VISSER	HANNELISE			F	40		1:34:07
312	SCHLUTER	LINSEY			F	40		1:34:23
313	NO RETURN				F	SEN		1:34:34
314	HUGHES	JOANNE			F	SEN		1:34:40
315	JOHNSTON	ROB			M	50		1:36:07
316	RAVENS	NATHAN			M	SEN		1:36:49
317	ZHENG	WENBO			F	SEN		1:36:51
318	ADAMS	VICTOR			M	60		1:36:54
319	HIRST	LORRAINE			F	40		1:38:05
320	CHURLEY	S			F	50		1:38:59
321	THOMPSON	NICCI			F	50		1:39:01
322	MILES	E	K-WAY VOB		M	60		1:39:04
323	BARNARD	MICHELLE			F	SEN		1:39:16
324	MARTHINUS	ELIZABETH	WILD RUNNER		F	40		1:41:05
325	COMMERFORD	TRACY	K-WAY VOB		F	50		1:41:27
326	DANIELS	NAZEEMA			F	40		1:41:37
327	DHANSAY	FARZAANA			F	SEN		1:41:45
328	MUIR	MADELIN			F	SEN		1:41:47
329	HODKIN	JANET			F	50		1:42:22
330	TEDDER	NADINE			F	50		1:42:23
331	DREYER	FELICITY			F	50		1:42:43
332	SALISBURY	STEVE			M	50		1:42:45
333	MUIR	WESLEY			M	SEN		1:42:46
334	KEARNS	JUNAID			M	SEN		1:44:32
335	NO RETURN				M	SEN		1:46:29
336	ADAMS	SHARON	WILD RUNNER		F	40		1:46:42
337	LEKOMA	NTOMBOZUKO			F	40		1:46:43
338	FICK	FRANCES			F	50		1:47:31
339	VAN NIEKERK	HENRIETTE			F	60		1:49:37
340	NO RETURN				M	SEN		1:50:59
341	MANTELL	SIMON			M	50		1:51:01
342	ARENDSE	CHESLYN			M	SEN		1:54:23
343	HENRIQUES	NICOLE			F	SEN		1:54:39
344	RENS	JACQUI			F	40		1:54:54

345	HARGREAVES	JEAN			F	50		1:57:23
346	BUYS	ANNELIZE	K-WAY VOB		F	50		1:58:08
347	KOLBE	HEATHER			F	50		2:20:00
348	TESSELAAR	MERYL			F	50		2:20:00

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